WITHOUT HASTE,

WITHOUT REST

songs for Wicki-Hayden concertina and voice

composed by
Steven Arntson

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Bones

You were born to the dog star, my son, in July,
And this drought, and these hot days, will dog your whole life.
You were born in the winter, my daughter, and so
You will struggle and gain nothing wherever you go.
These are hard times you're living, and I ought to know,
'Cause hard times are what I've lived in since long ago.

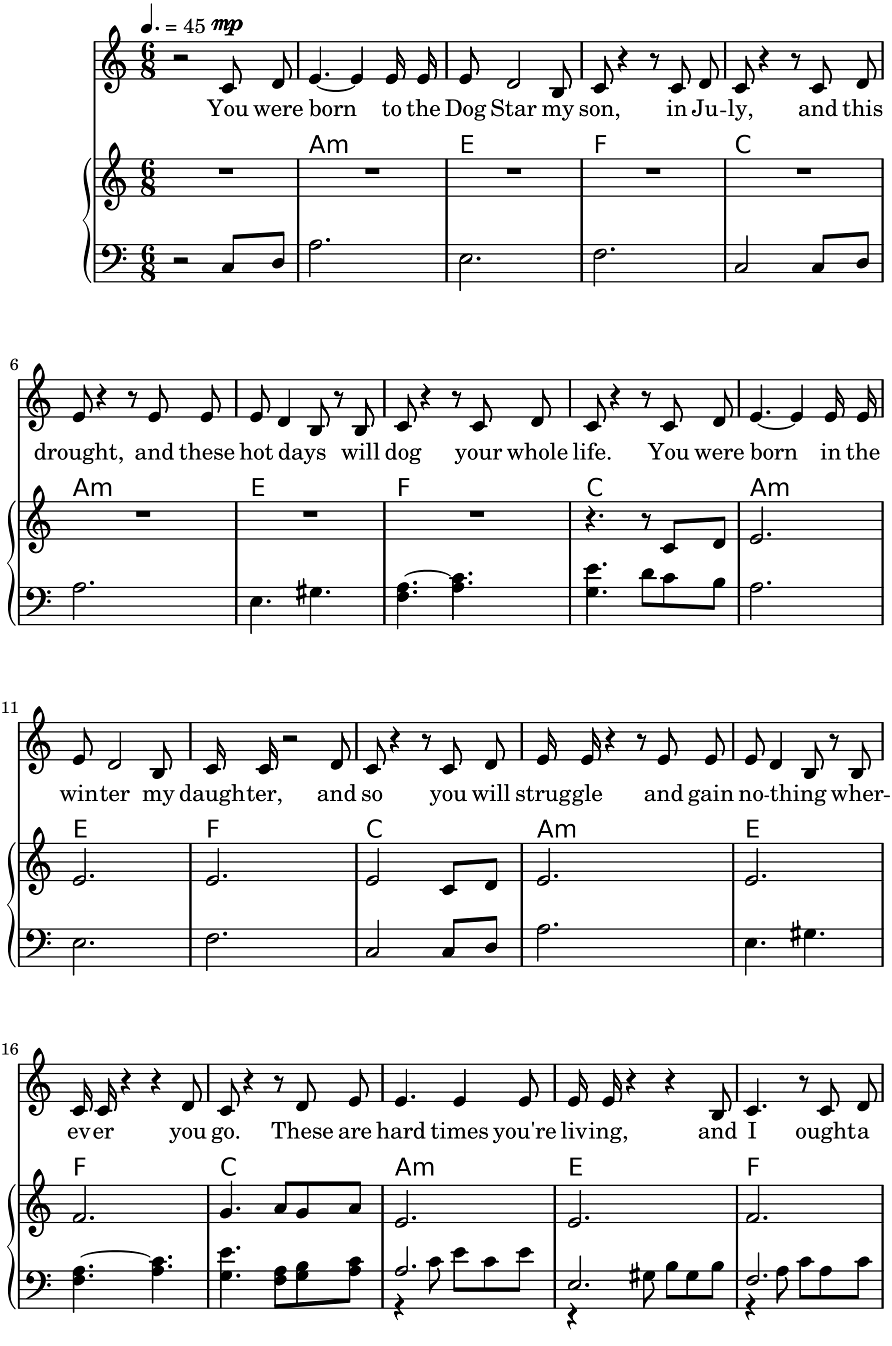
When the sharks come circling to call in the loans,
And the banks come creeping to foreclose your home;
When your friends are in prison and your lover is dead,
You'll need something to keep going. You've got to be fed.

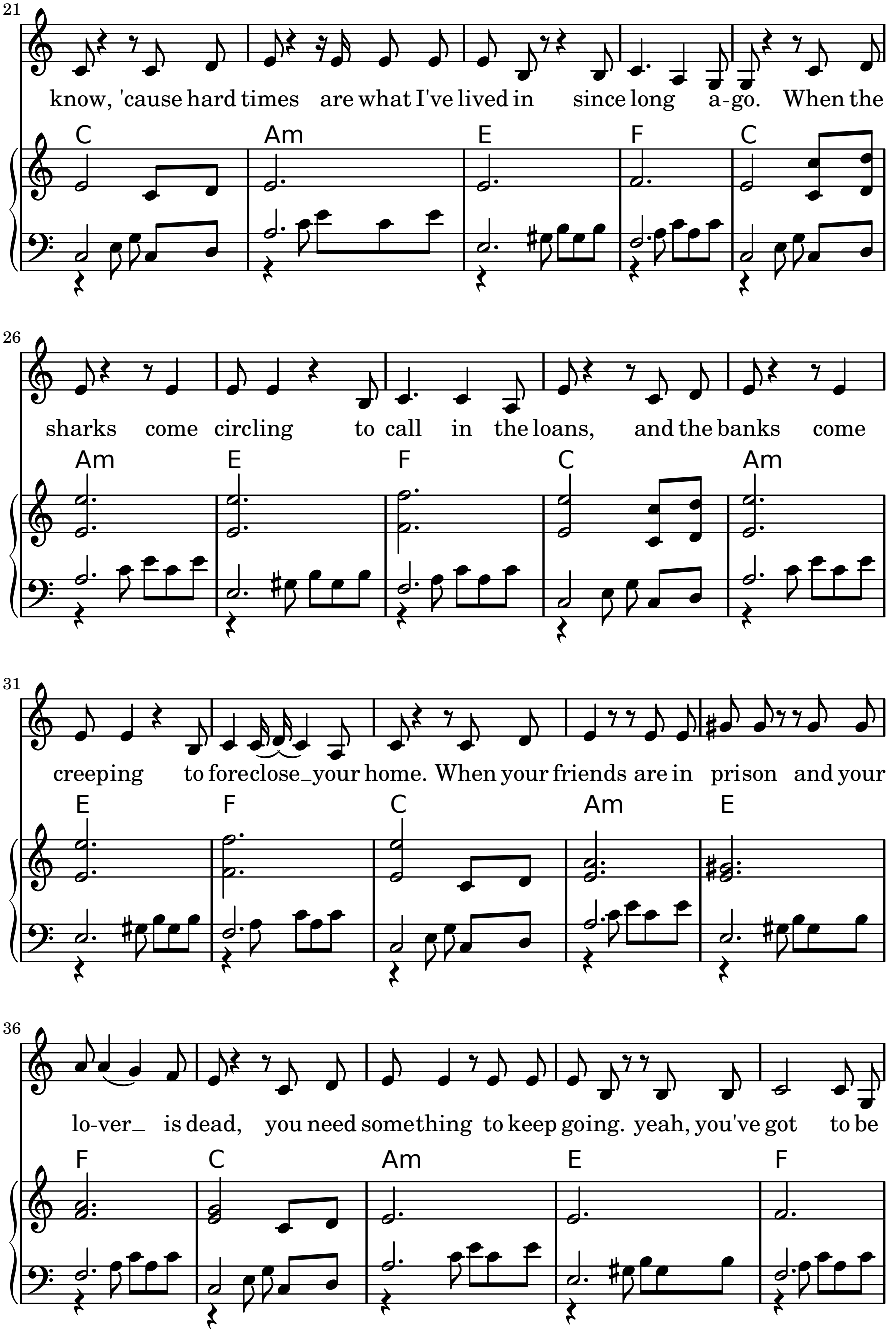
So eat these bones. My bones.

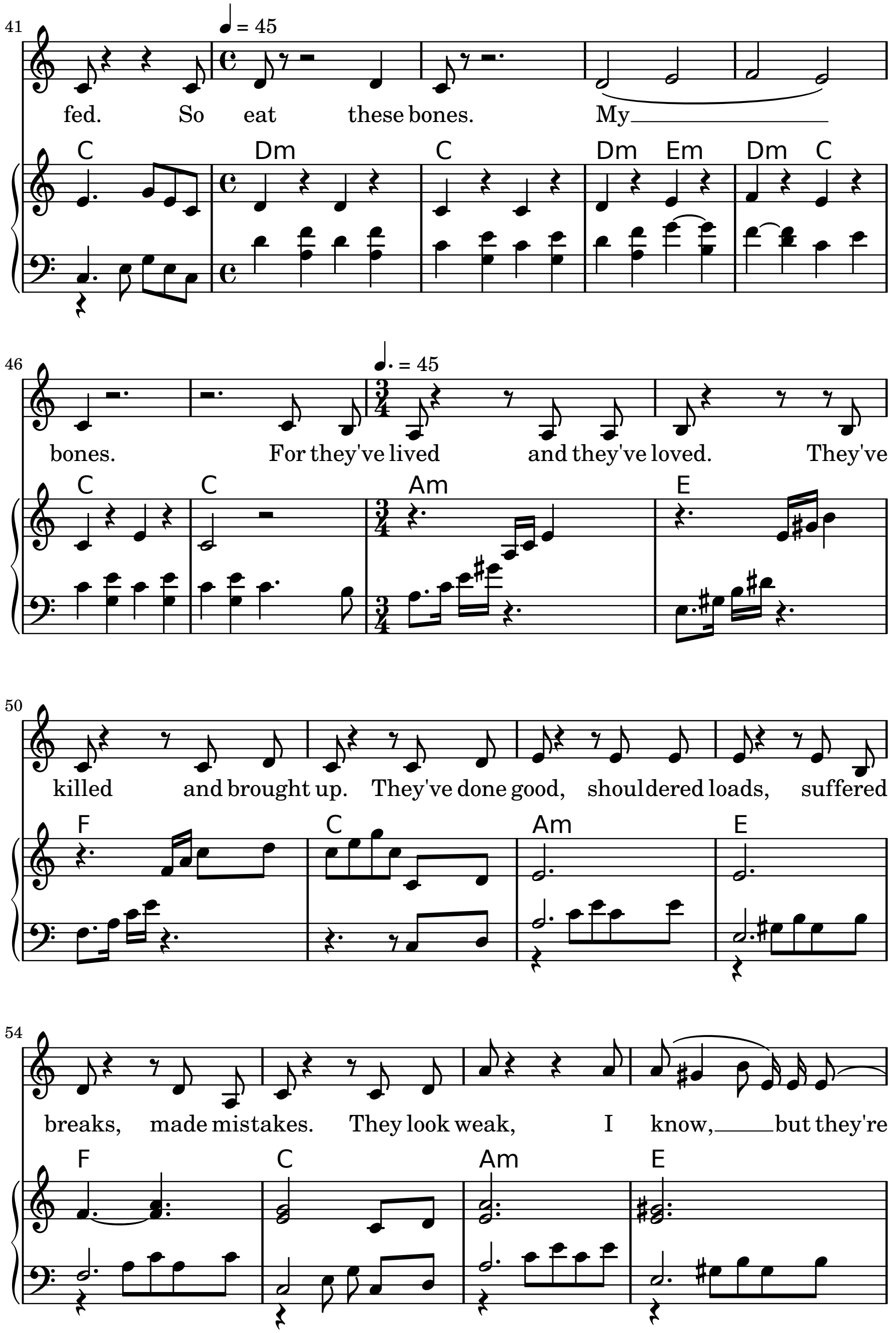
For they've lived, and they've loved. They've killed and brought up.
They've done good—shouldered loads, suffered breaks, made mistakes.
They look weak, I know, but they're filled up with fire.
They've got all the nutrition a growing mind requires.

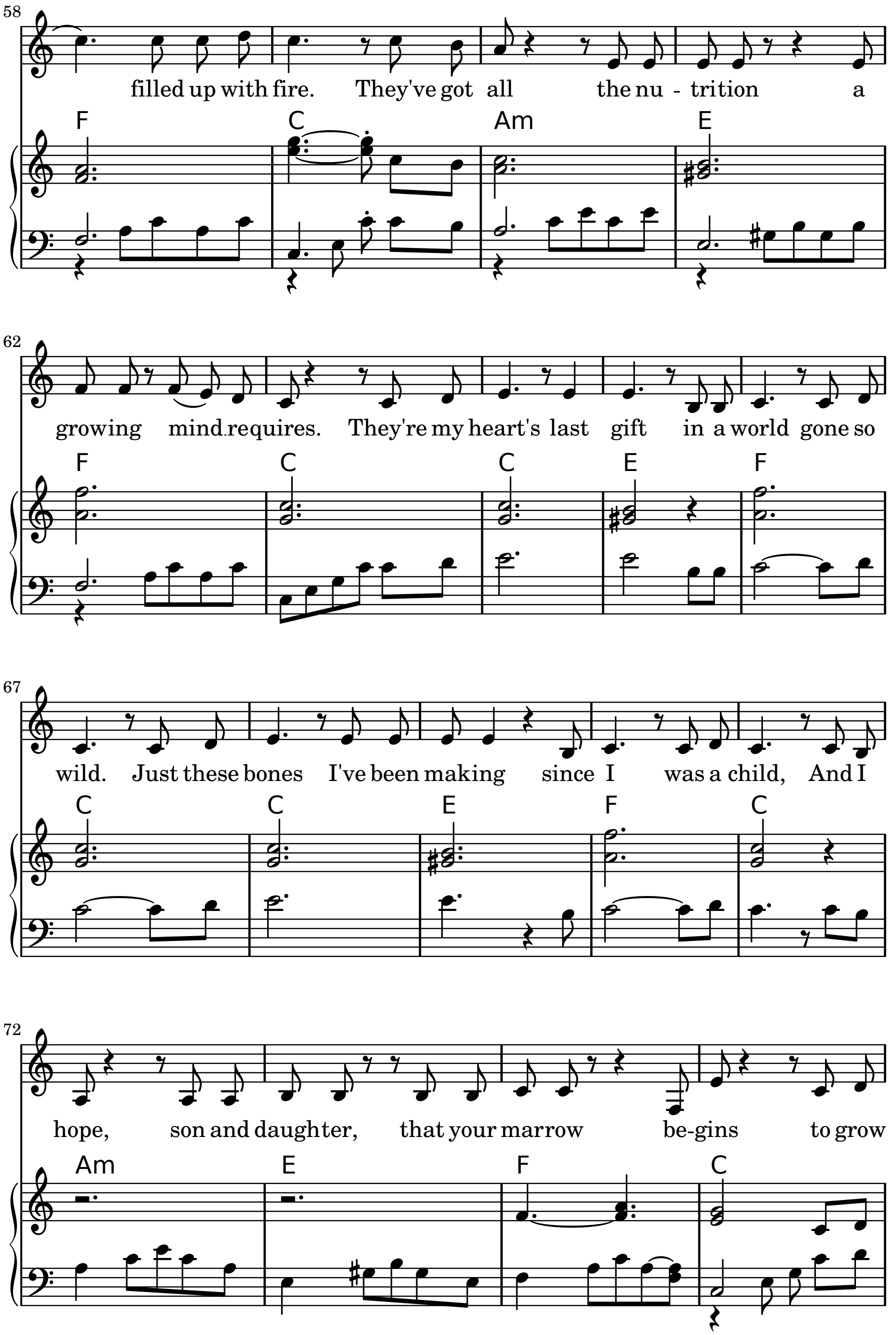
They're my heart's last gift in a world gone so wild—
Just these bones I've been making since I was a child,
And I hope, son and daughter, that your marrow begins
To grow rich as the houses you never lived in.

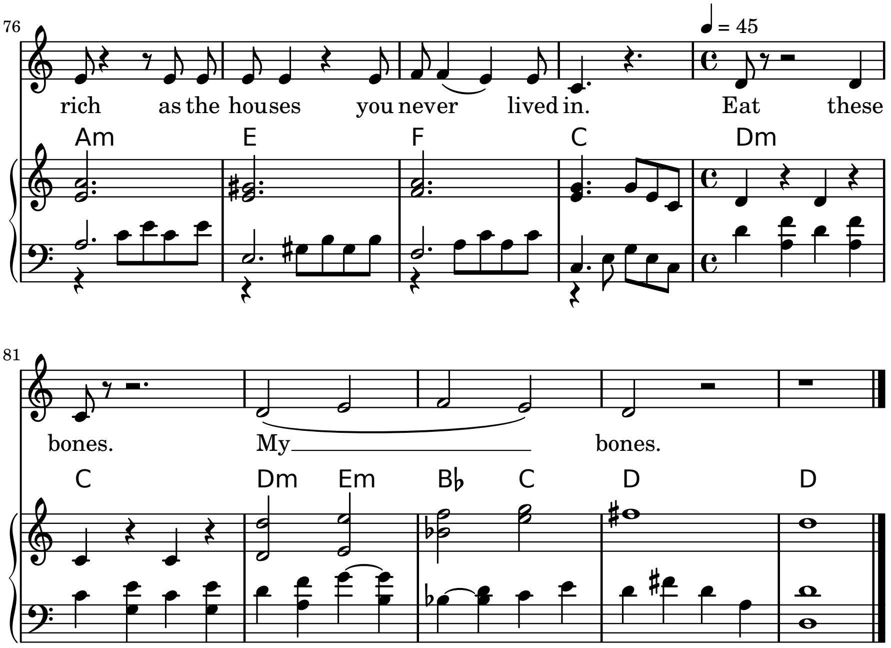
Eat these bones. My bones.


♩. = 45 mp
You were born to the Dog Star my son, in Ju-ly, and this
Am E F C
6
drought, and these hot days will dog your whole life. You were born in the
Am E F C Am
11
winter my daughter, and so you will struggle and gain no-thing wher-
E F C Am E
16
ev er you go. These are hard times you're living, and I oughta
F C Am E F


21
know, 'cause hard times are what I've lived in since long a-go. When the
C Am E F C
26
sharks come circling to call in the loans, and the banks come
Am E F C Am
31
creeping to foreclose_your home. When your friends are in prison and your
E F C Am E
36
lo-ver_ is dead, you need something to keep going. yeah, you've got to be
F C Am E F


41
♩ = 45
fed. So eat these bones. My
C Dm C Dm Em Dm C
46
♩. = 45
bones. For they've lived and they've loved. They've
C C Am E
50
killed and brought up. They've done good, shouldered loads, suffered
F C Am E
54
breaks, made mistakes. They look weak, I know, but they're
F C Am E


58
filled up with fire. They've got all the nu - trition a
F C Am E
62
growing mind requires. They're my heart's last gift in a world gone so
F C C E F
67
wild. Just these bones I've been making since I was a child, And I
C C E F C
72
hope, son and daughter, that your marrow be-gins to grow
Am E F C

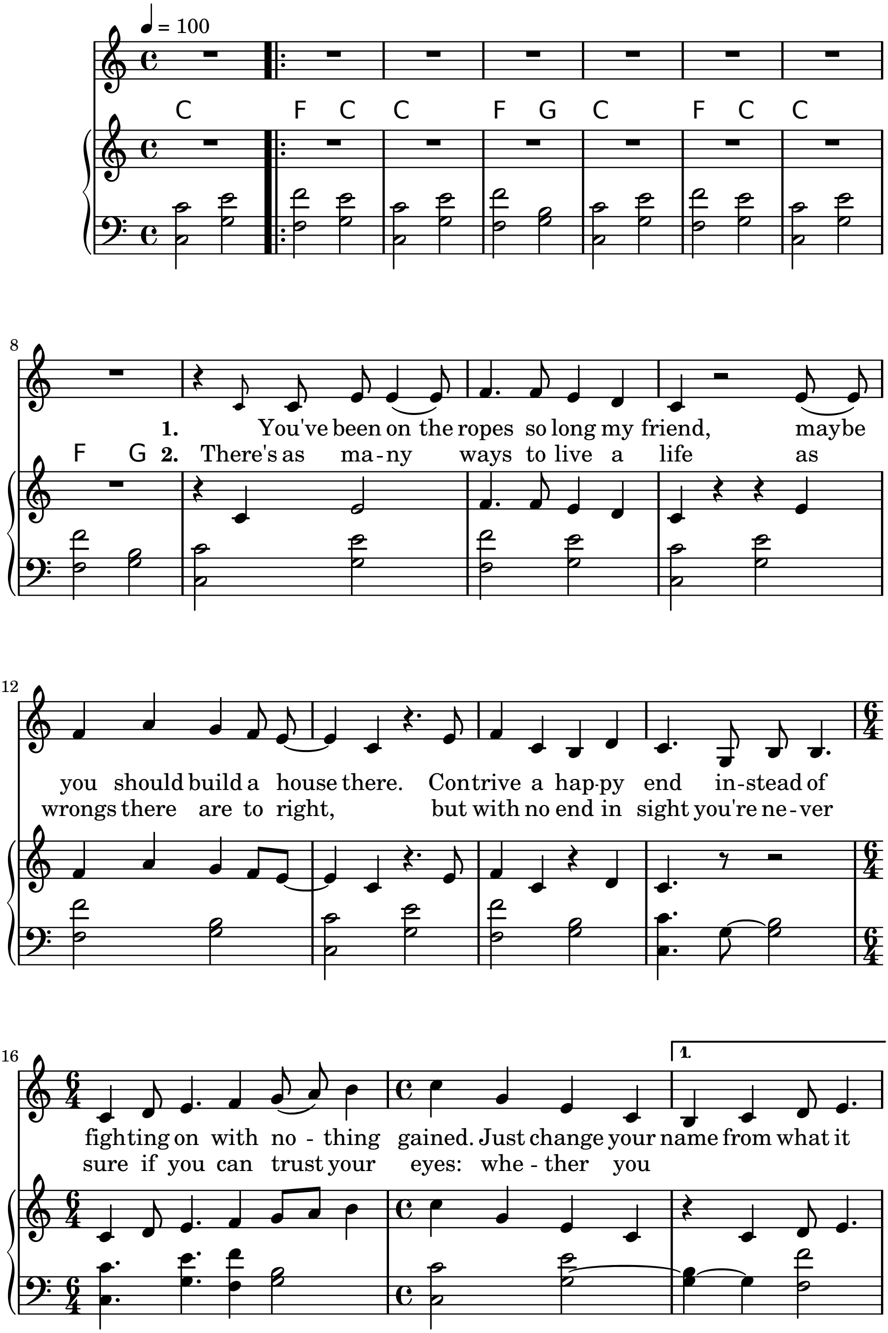

76
♩ = 45
rich as the houses you never lived in. Eat these
Am
E
F
C
Dm
81
bones. My bones.
C
Dm
Em
B♭
C
D
D

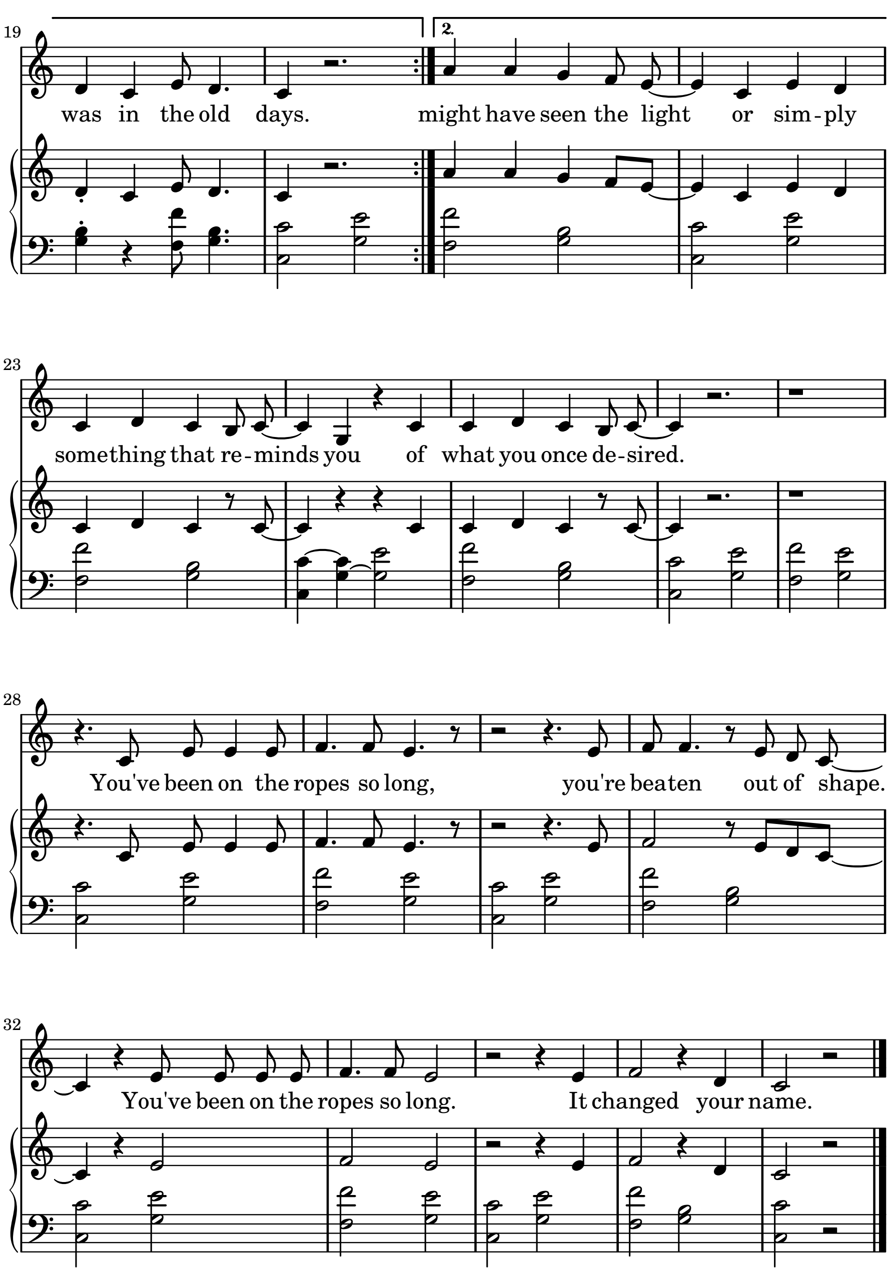
Rope House

You've been on the ropes so long my friend,
Maybe you should build a house there.
Contrive a happy end. Instead
Of fighting on with nothing gained,
Just change your name from what it was
In the old days.

There's as many ways to live a life
As wrongs there are to right,
And with no end in sight, you're never
Sure if you can trust your eyes—
Whether you might have seen the light
Or simply something that reminds
You of a thing you once desired.

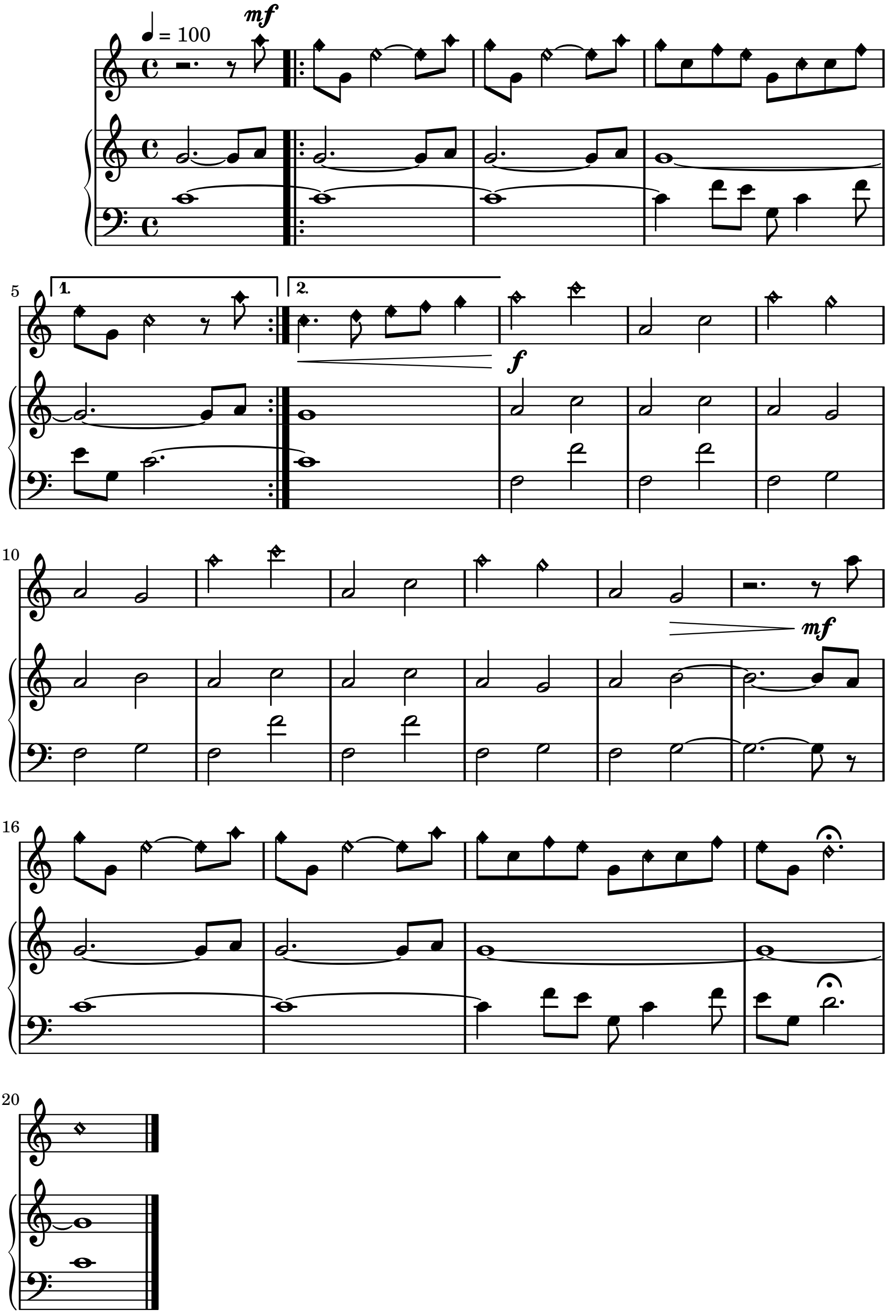
You've been on the ropes so long.
You're beaten out of shape.
You were on the ropes so long.
It changed your name.


♩ = 100
C F C C F G C F C C
8
F G
1. You've been on the ropes so long my friend, maybe
2. There's as ma-ny ways to live a life as
12
you should build a house there. Contrive a hap-py end in-stead of
wrongs there are to right, but with no end in sight you're ne-ver
16
fighting on with no - thing gained. Just change your name from what it
sure if you can trust your eyes: whe - ther you
1.


19
2.
was in the old days. might have seen the light or sim-ply
23
something that re-minds you of what you once de-sired.
28
You've been on the ropes so long, you're beaten out of shape.
32
You've been on the ropes so long. It changed your name.

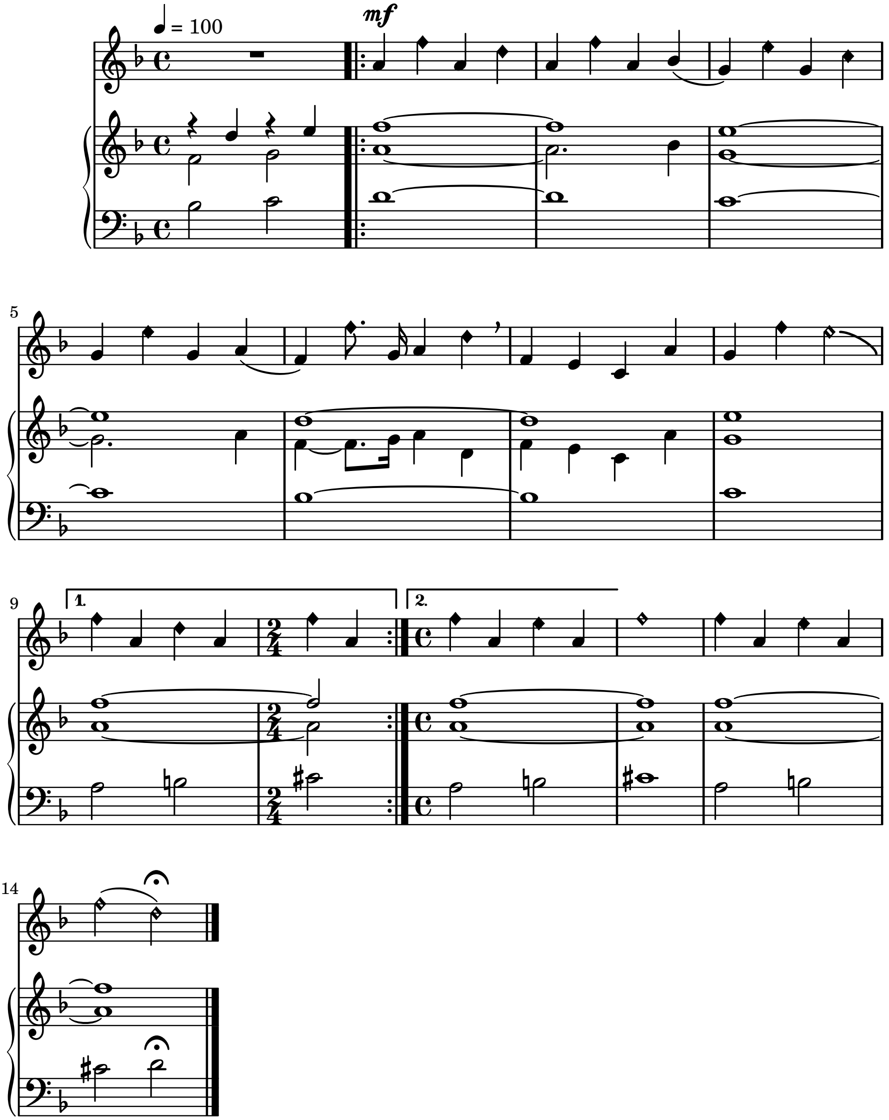
Five Yodels

Yodel One

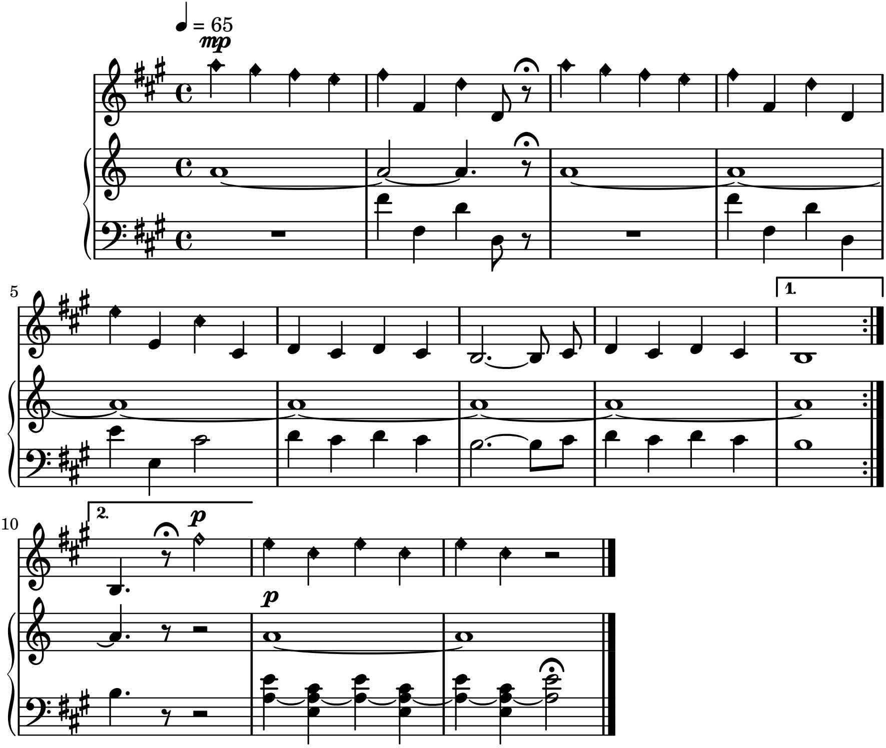


♩ = 100
mf
5
1.
2.
f
10
mf
16
20

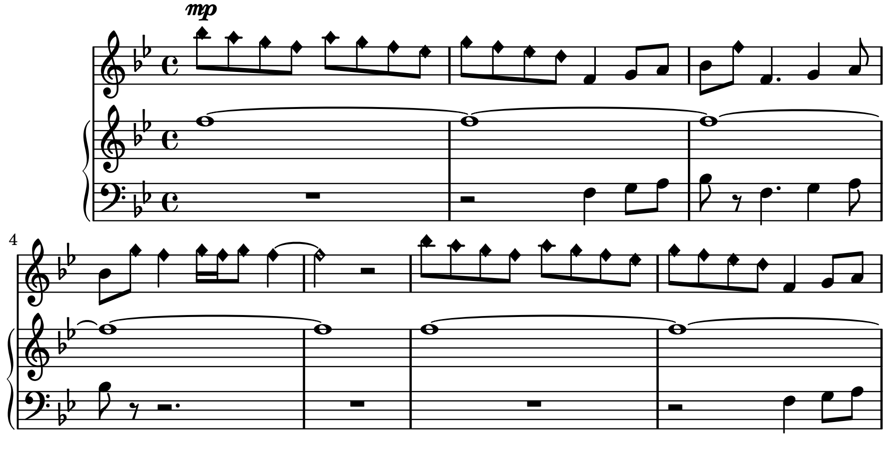
Minor Yodel

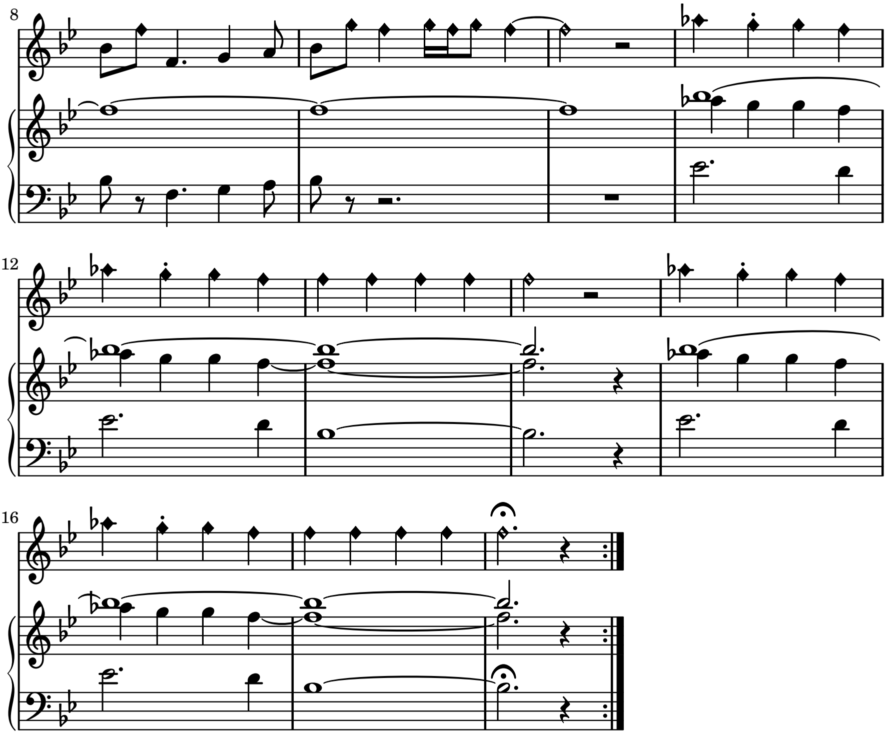

♩ = 100
mf
5
9
1.
2.
14

Slow Yodel

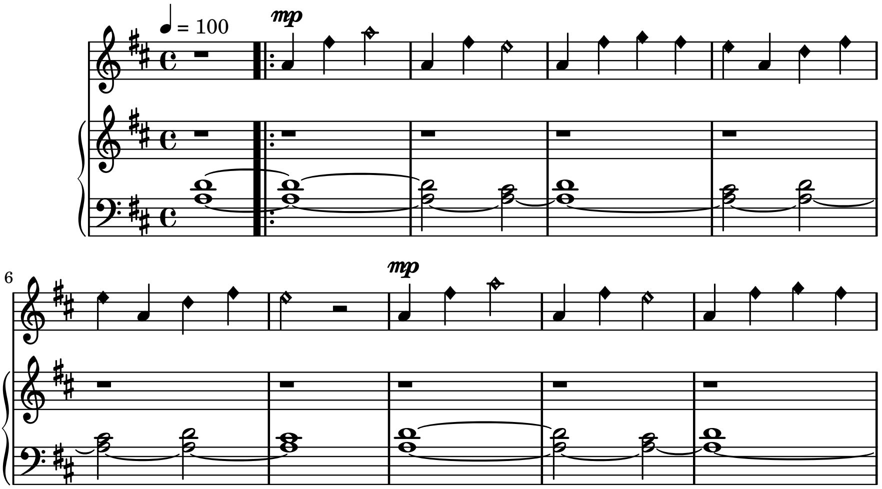

= 65
mp
5
1.
10
2.
p
p

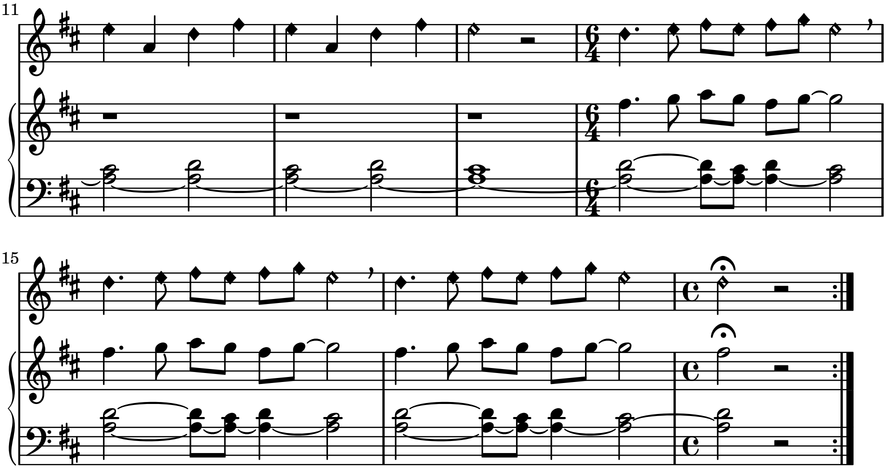
Fast Yodel





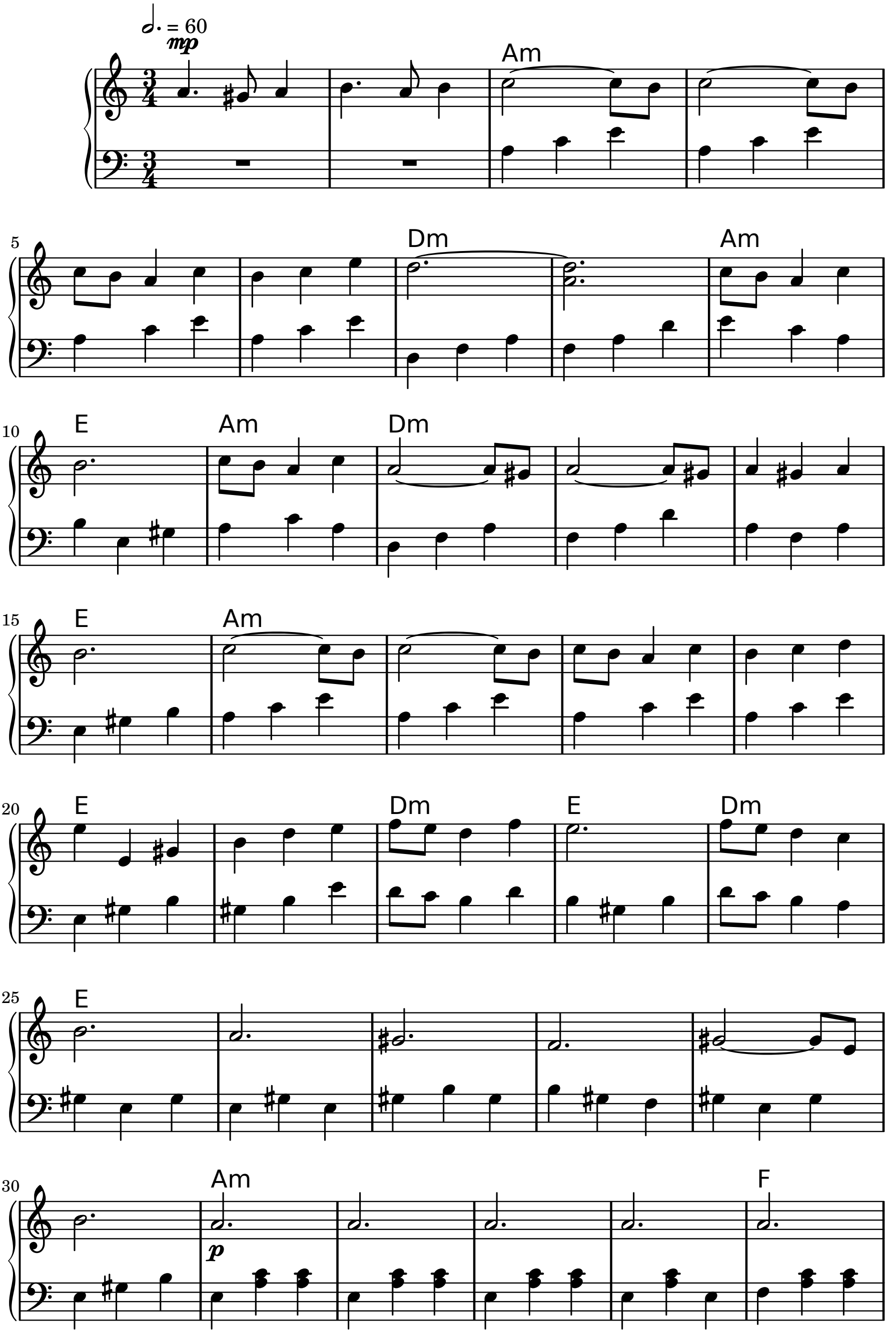
Simple Yodel



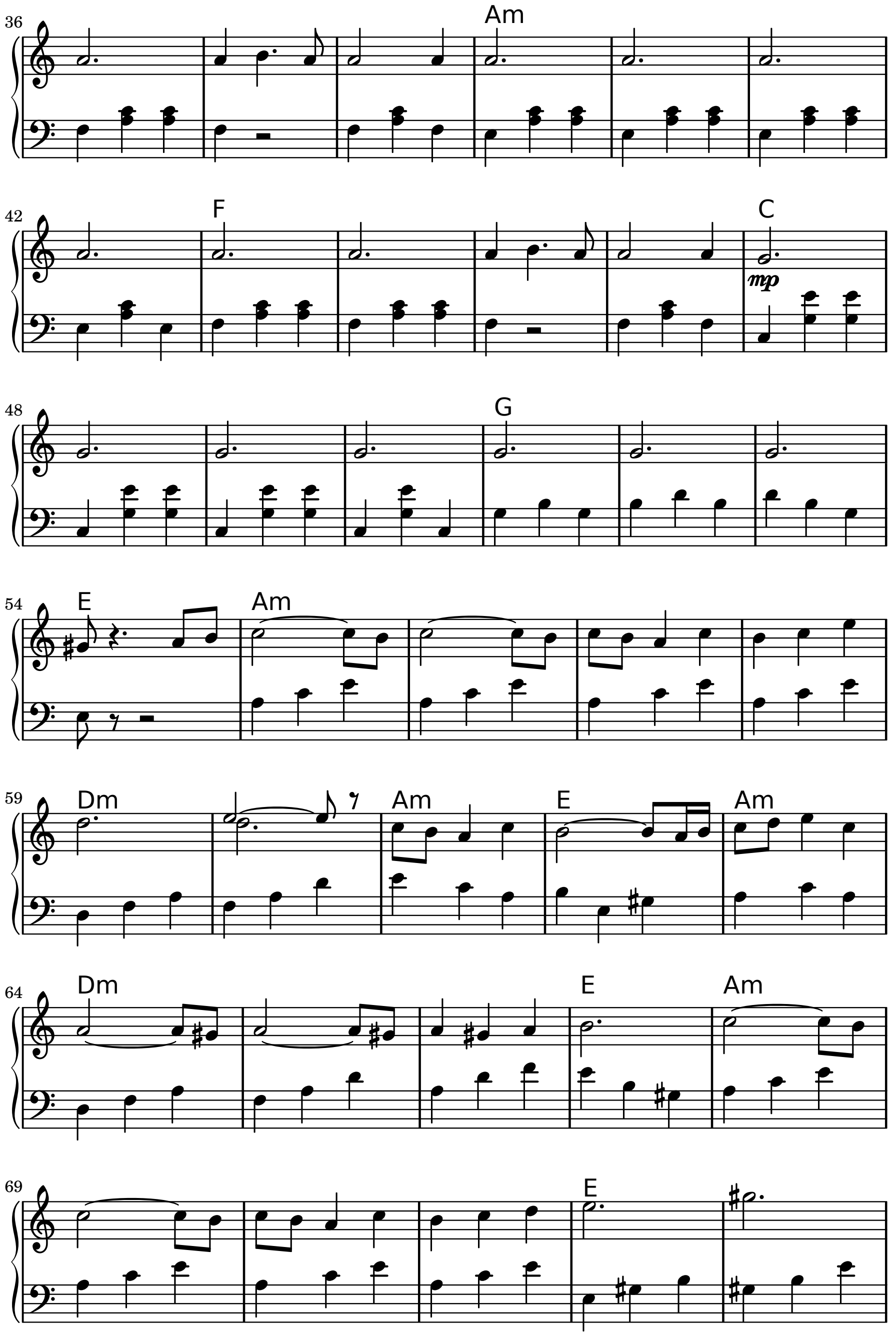

11
15

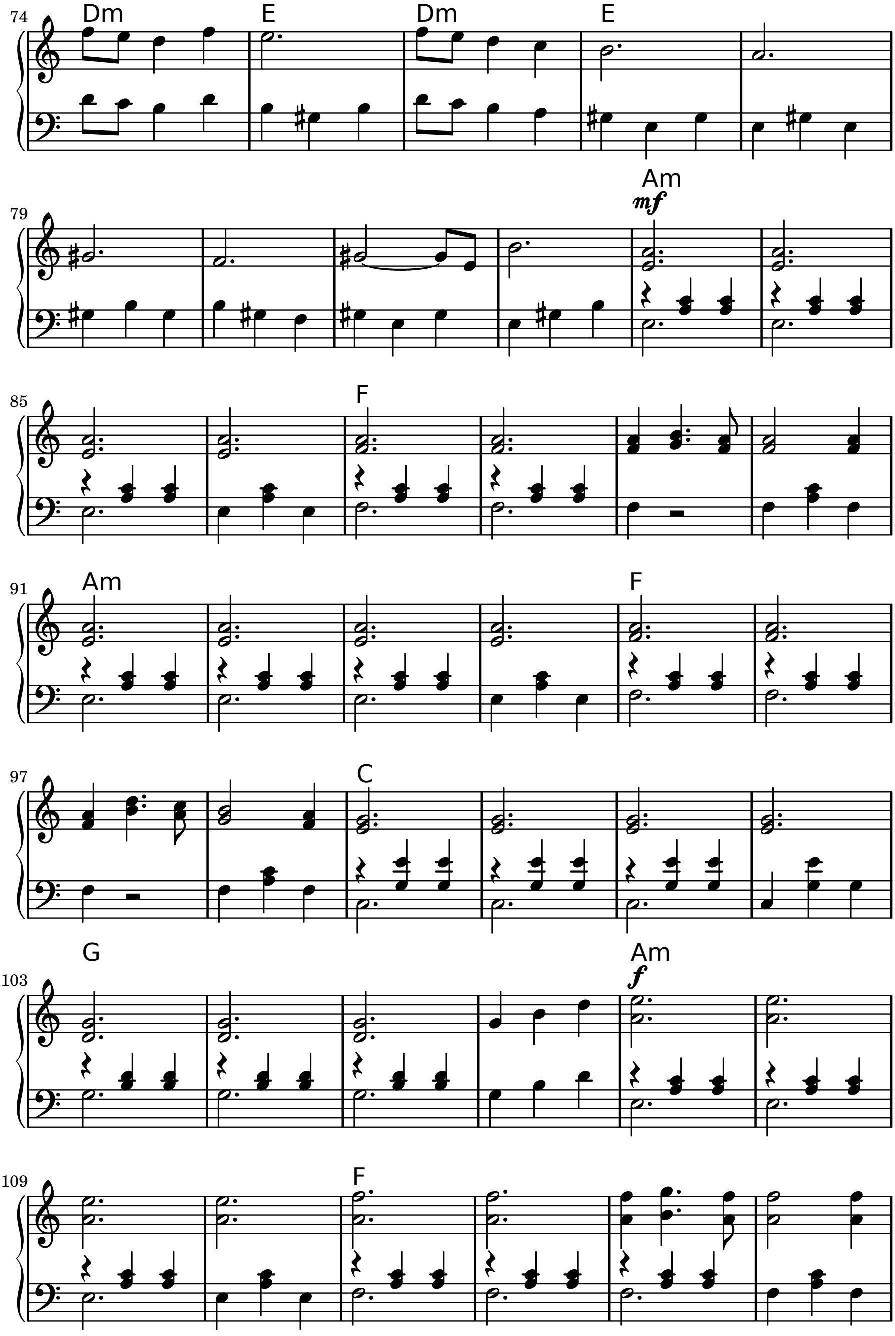
to my dad

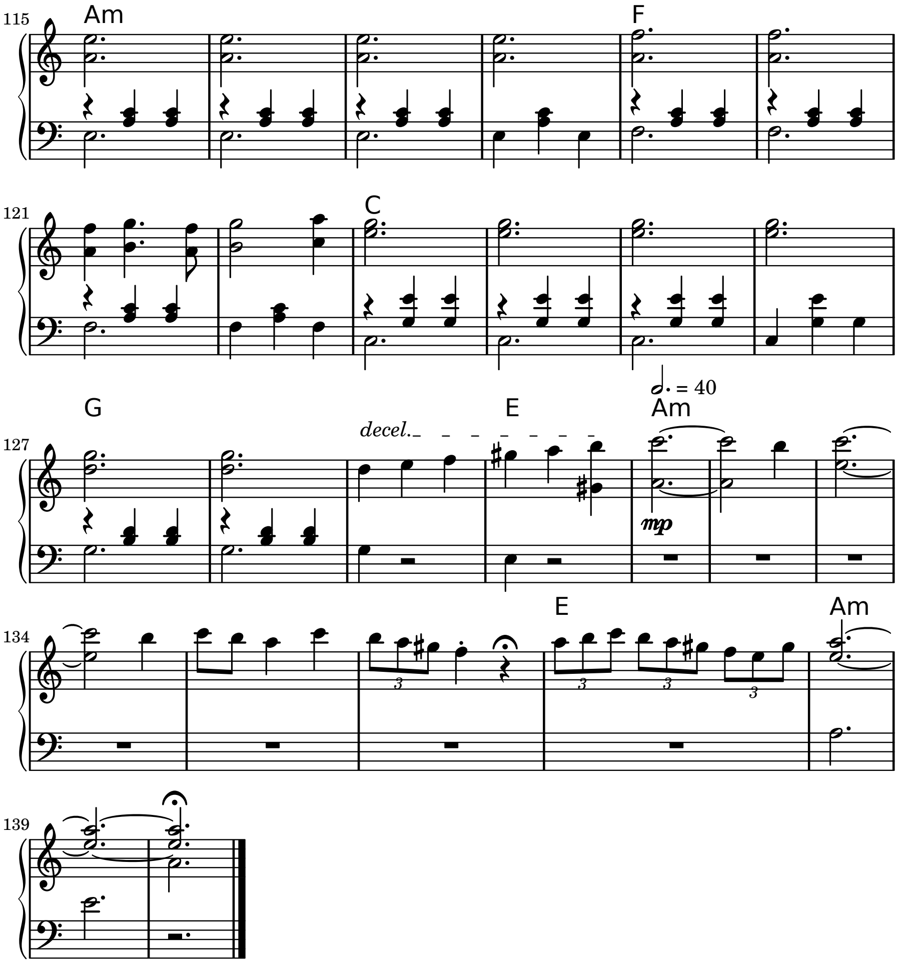
Evergreen



𝅗𝅥. = 60
mp
Am
Dm
Am
E
Am
Dm
E
Am
E
Dm
E
Dm
E
Am
p
F

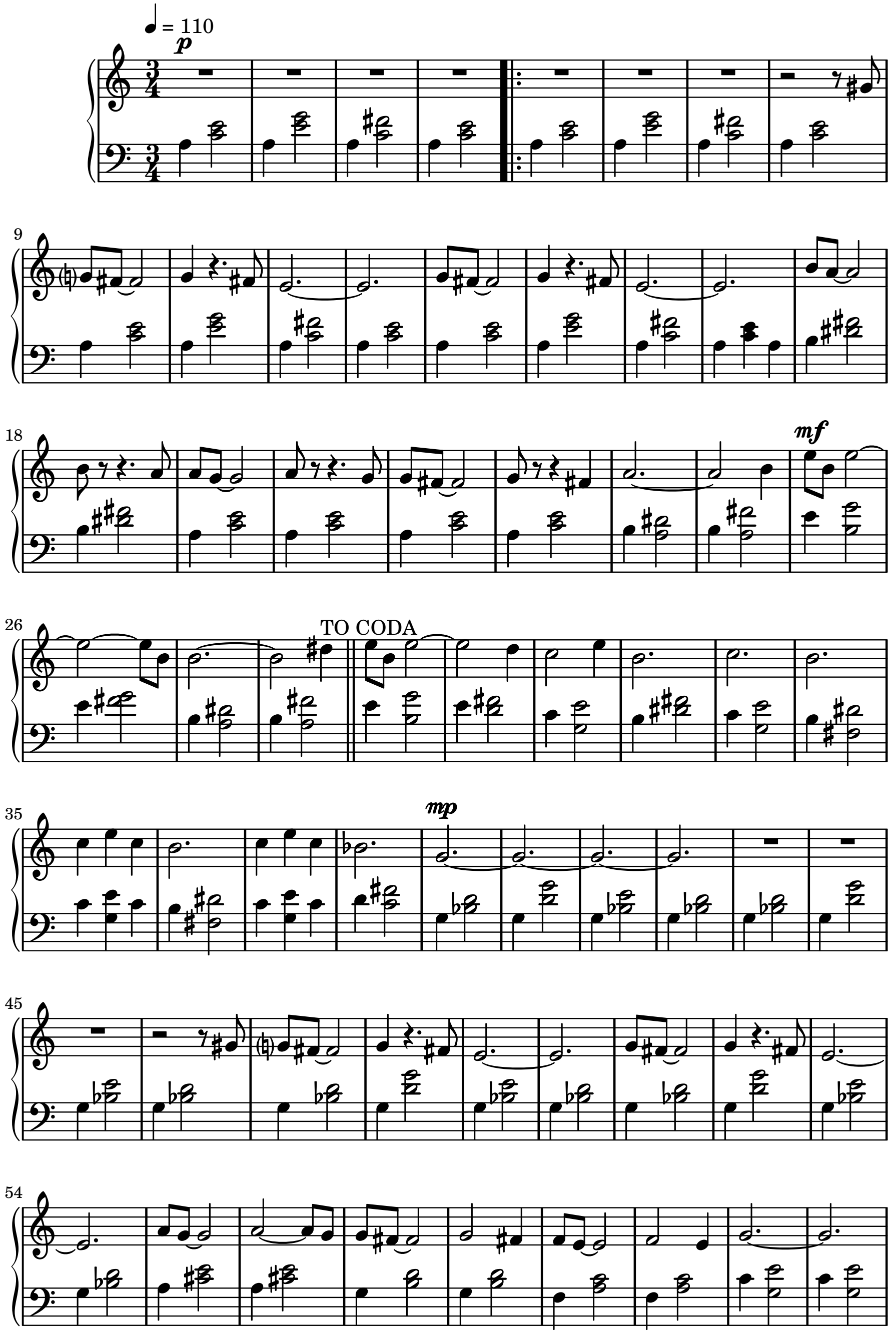

36
Am
42
F
C
mp
48
G
54
E
Am
59
Dm
Am
E
Am
64
Dm
E
Am
69
E

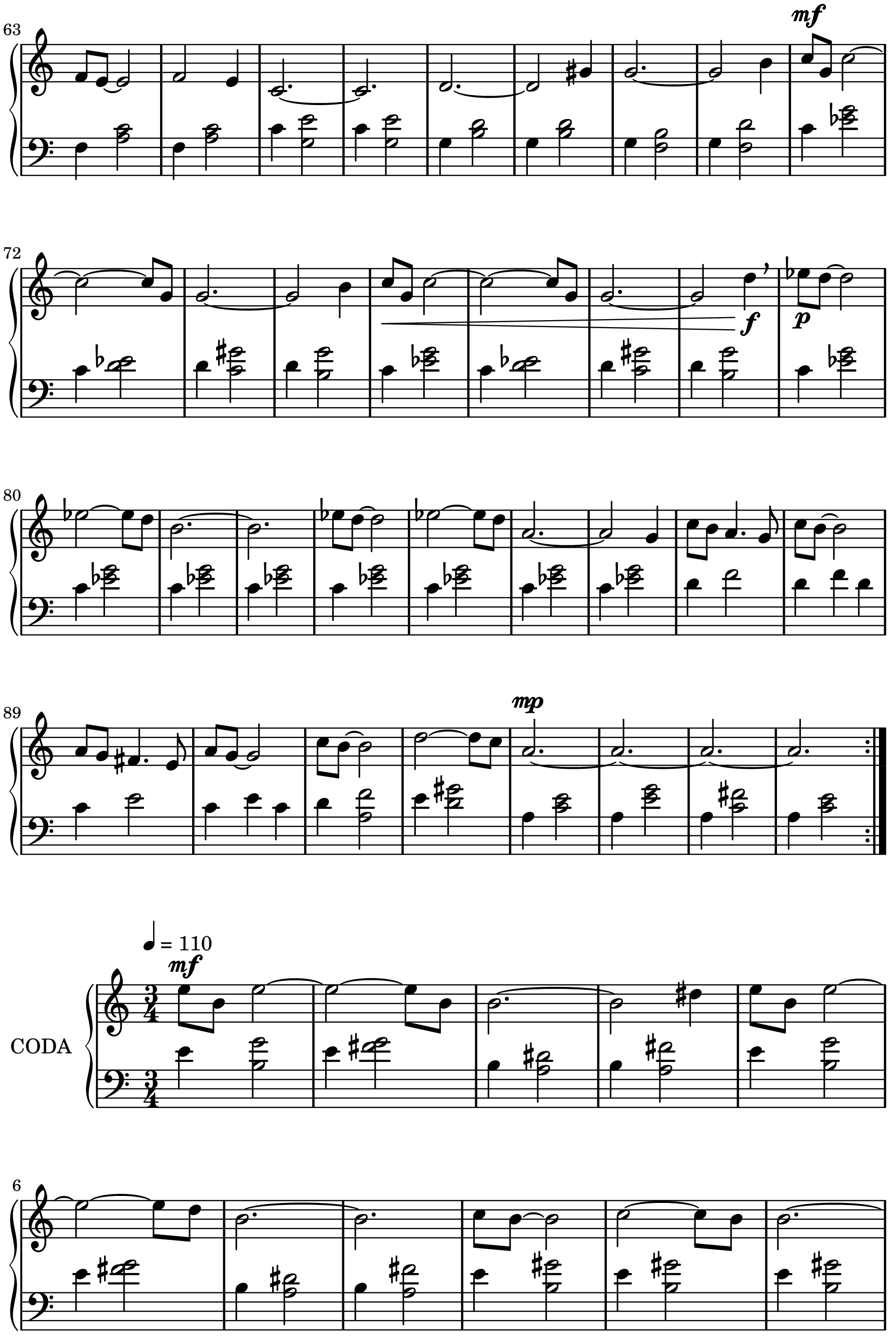

74
Dm
E
Dm
E
79
Am
mf
85
F
91
Am
F
97
C
103
G
Am
f
109
F

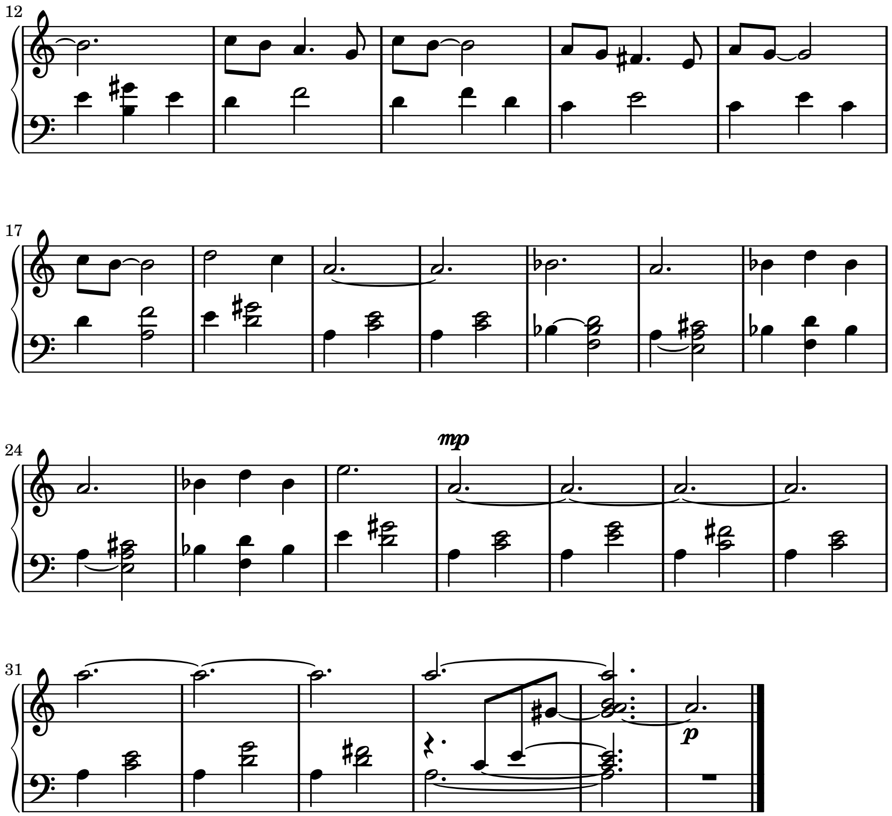

115
Am
F
121
C
127
G
decel.
E
𝅗𝅥. = 40
Am
mp
134
E
3
3
3
3
Am
139

to Anne

The Caregiver


= 110
p
9
18
mf
26
TO CODA
35
mp
45
54


63
mf
72
f
p
80
89
mp
♩ = 110
mf
CODA
3
4
6


mp
p